



香港學術及職業資歷評審局
Hong Kong Council for Accreditation of
Academic & Vocational Qualifications

SUMMARY ACCREDITATION REPORT

Coach Education Department, Hong Kong Sports Institute Limited

Initial Evaluation at QF Levels 1 - 3

and

Programme Validation at QF Level 2 of

Foundation Certificate in Sports Coaching Theory

February 2014

This accreditation report is issued by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications (HKCAAVQ) in its capacity as the Accreditation Authority as provided for under the Accreditation of Academic and Vocational Qualifications Ordinance (Cap 592) (AAVQO). This report outlines the HKCAAVQ's determination, the validity period of the determination as well as any conditions or restrictions on the determination.

1. Introduction

- 1.1 Coach Education Department, Hong Kong Sports Institute Limited [香港體育學院教練培訓部] is under the governance of Hong Kong Sports Institute Limited. It offers a wide variety of coach education programmes for athletes and potential coaches.
- 1.2 Based on the Service Agreement, the HKCAAVQ was commissioned by the Coach Education Department, Hong Kong Sports Institute Limited [香港體育學院教練培訓部] (the Operator) to conduct an Initial Evaluation exercise to determine whether the Operator is competent to achieve its stated objectives and to operate learning programmes meeting Qualifications Framework (QF) standard at Level 1 to 3, and to assess and determine whether the following learning programme achieves the stated objectives and meets the Qualifications Framework (QF) standard at QF Level 2:
(1) Foundation Certificate in Sports Coaching Theory
- 1.3 The accreditation exercise was conducted according to the relevant accreditation guidelines referred to in the Service Agreement and the Terms of Reference stated therein. An on-site visit took place on 16 January 2014.

2. HKCAAVQ's Accreditation Determination

Having due consideration of the accreditation panel's observations and comments as presented in this Report, the HKCAAVQ makes the following accreditation determination:

2.1 Initial Evaluation

Approval

Name of Operator	Coach Education Department, Hong Kong Sports Institute Limited 香港體育學院教練培訓部
Address of Operator	25 Yuen Wo Road, Shatin, New Territories
QF Level of accredited programme(s) which the Operator can operate upon successful programme validation	Levels 1 – 3
Start date of 2-year validity period of the IE status	16 June 2014
Scope of IE status	For local programmes operating in Hong Kong
Remark	The Initial Evaluation status will automatically lapse when the

	validity period expires unless the Operator offers accredited programme(s) within the 2-year validity period.
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2.2 Programme Validation

Approval

Name of Operator	Coach Education Department, Hong Kong Sports Institute Limited 香港體育學院教練培訓部
Name of Award Granting Body	Coach Education Department, Hong Kong Sports Institute Limited 香港體育學院教練培訓部
Title of Learning Programme	Foundation Certificate in Sports Coaching Theory 運動教練理論基礎證書
Title of Qualification (exit award)	Foundation Certificate in Sports Coaching Theory 運動教練理論基礎證書
Primary Area of Study/ Training	Education, Teacher Training and Sports Science
Other Area of Study/ Training	Nil
QF Level	2
QF Credit	15
Mode of Delivery and Programme Length	Part-time 157 notional learning hours (including 97 contact hours)
Validity Period	3 years 16 June 2014 – 15 June 2017
Maximum Number of New Students	Max.40 per class, max. 120 per year
Specification of Competency Standards Based Programme	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Remark(s) to be indicated on the QR	This programme includes Practicum for 3 QF credits. [此課程包括實習部分，佔3資歷學分。]
Address of the Teaching/Training Venue	25 Yuen Wo Road, Shatin, New Territories

Recommendations
1. The Operator should include QF credit assignment in terms of total notional learning hours in the programme as a standing item in programme review so as to closely monitor the implementation of QF credit.
2. The Operator should clearly document the monitoring measures for self-directed learning

activities in relevant guidelines for both lecturers and learners to ensure the successful completion of self-directed learning activities during the non-contact hours.

3. Programme Details

The following is the programme information provided by the Operator.

3.1 Programme Objectives

The programme aims to

- Provide participants with a broad coverage of updated and basic theoretical knowledge of sports coaching, coaching administration and sports science;
- Provide participants with practical practice and skills related to sports coaching which takes into account the needs and potential of coaching career and industry in Hong Kong;
- Provide participants' basic knowledge, practicum practice and practical skills related to coaching theories and sports science that meets current and anticipated future needs in sports coaching to equip their employment; and
- Provide participants with basic and solid foundation knowledge in sports coaching, coaching administration and sports science for further advancement in a higher level of certification course.

3.2 Programme Intended Learning Outcomes

Upon completion of the Programme, learners should be able to:

- Apply the learning process, knowledge and skills to facilitate learning;
- Acquire and apply the skills in learning a sport-related skill with the information process;
- Demonstrate and identify the skills in applying different coaching process and styles;
- Understand and apply the basic knowledge of human anatomy in exercise;
- Apply and explain how the muscle, lung, heart and nerves work during exercise;
- Acquire the skills in applying the strategies to prevent, to treat and to manage sports injuries for athletes;
- Understand basic knowledge of sports industry in Hong Kong and running a sport organization, and demonstrate the skills of taking care of a sport team;
- Acquire the skills in applying the knowledge of goal setting, personality, arousal and anxiety in sports performance;
- Master the skills in applying the basic knowledge of resultant force, Newton's Law of Motion, angular motion, velocity and acceleration in different sports activities;
- Acquire the skills to administer the tests, analyse and interpret the data with simple explanation; and
- Master the skills in applying the coaching theories and sports science in coaching athletes of a sport team.

3.3 Programme Structure

Module Title	No. of QF credits
Learning Principles	-
Skill Acquisition	-
Coaching Principles	-
Anatomy and Human Body	-

Physiological Adaptations to Exercise	-
Prevention and Management of Sports Injuries	-
Event Planning and Sports Administration	-
Psychological Skills in Sports	-
Movement Principles	-
Fitness Tests and Assessments	-
Coaching Practicum	-
Total	15

3.4 Graduation Requirements

- The attendance rate for all modules must reach 90%
- Achieved the minimum required overall score of 50% of all modules
- Passed the Coaching Practicum

3.5 Admission Requirements

- Achieving Level 2 in 5 subjects of Hong Kong Diploma for Secondary Education (HKDSE) including 4 core subjects: Chinese, English, Mathematics and Liberal Studies or equivalent; OR
- Achieving a pass in 5 subjects in the Hong Kong Certificate of Education Examination (HKCEE) including Chinese, English and Mathematics or equivalent; OR
- Completion of Level 1 Sports-General Theory Course (Part A) offered by the Hong Kong Coaching Committee (HKCC) with 2 years of sports-related or coaching experience; OR
- Mature applicants (aged 21 or above) with 2 years of sports-related or coaching experience; AND
- Pass the admission interview

4. Substantial Change

- 4.1 The maintenance of the HKCAAVQ accreditation status during the validity period is subject to no substantial change being made without prior approval by the HKCAAVQ.

5. Qualifications Register

- 5.1 Qualifications accredited by the HKCAAVQ are eligible for entry into the Qualifications Register (QR) at <http://www.hkqr.gov.hk> for recognition under the Qualifications Framework (QF). Operators should apply separately to have their quality-assured qualifications entered into the QR.
- 5.2 Only learners who are admitted to the named accredited learning programme during the validity period and who have graduated with the named qualification uploaded in the QR will be considered to have acquired a qualification recognised under the QF.

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